

# Horncastle Medical Group

## Newsletter

June 2018

Welcome to the Practice Newsletter. The Practice welcomes any articles you may wish to see in print – suggestions for articles may be left with a Receptionist or emailed to: [horncastle.medicalgroup@lpct.nhs.uk](mailto:horncastle.medicalgroup@lpct.nhs.uk)

### Announcement

Dr Rachel Hansford has recently joined the Practice team as a locum GP. She is expected to be working at the Practice two to three days per week until mid-October 2018.

Also due to start on 13 August 2018 is Dr Ellen Farmer, who will be working part time as a salaried GP as her first post in General Practice since qualifying.

### Lincolnshire Care Portal

Doctors will soon be able to see a patient's complete medical record for the first time thanks to a new IT system which will be installed across Lincolnshire.

Until now health and care professionals have only been able to immediately access certain information held on their own systems, so a doctor or nurse in A&E would not be able to see a patient's GP record or social care information.

Watch the short video link below which shows the difference the care portal will make:

<https://www.youtube.com/watch?v=dvPdbQ-Wo2A>

### Drug Waste

We are pleased to note the Drug waste to our dispensary has remained very low over the past three months. We will continue to monitor it over the coming year.

	Number of items	Cost
March 2018	1	£1.25
April 2018	5	£13.45
May 2018	19	£38.76

Please only order what medication you need.

### General Data Protection Regulations (GDPR)

GDPR came into force on 25 May 2018, superseding the Data Protection Directive and is intended to strengthen data protection rights for individuals. The Practice have updated their privacy notice in line with this. It can be viewed on the Practice website or waiting area noticeboard. You can also pick up a privacy information leaflet from reception which explains how we collect and use information about you or view this on the Practice website.

## Extended Hours – Consent



**Times are changing**  
Evening and weekend appointments now available

Speak to your practice to find out more  
[www.nhs.uk/GPappointments](http://www.nhs.uk/GPappointments)



You may be aware Horncastle Medical Group (HMG) is taking part in the East Lindsey extended access pilot which offers GP appointments outside of core working hours, making it easier for you to get an appointment at a time that suits you, including evenings (18:30 to 20:00), weekends (08:00 to 19:30), and bank holidays.

Appointments are booked via the surgery for you to attend the appointment at **Louth County Hospital**, High Holme Road, Louth LN11 0EU.

When you attend the appointment the clinician will ask if you consent to your record being shared. If you wish HMG to be able to see the consultation on your electronic record at a later date you must give your consent.

### SMS Reminders

Don't want to forget an appointment?

Sign up for SMS messaging today to receive confirmation and a reminder (one day prior) of all appointments you book. (Must be over 16)

### Alcoholics Anonymous

Please see the article below written by a contact at the local AA Group.

My name is ? – I am a patient of the Horncastle Medical Group and a happily (well, most of the time!) recovering alcoholic.

For many years I knew I had a drink problem. I had more hiding places for booze round the house than anyone will ever know. I wanted to stop because I knew I was hurting everyone around me and killing myself into the bargain. On the other hand, I didn't want to stop because alcohol was the comfort blanket that got me through the day. I tried everything until, in total desperation, I rang AA. Here I met a wonderful group who explained alcoholism to me and told me how they had managed to stop drinking one day at a time. At last I had found people who really understood my problem, and with their encouragement and help, I finally managed to accept the reality of my malady and have lived happily sober for over 13 years. Looking back, it seems like a miracle, but AA worked for me.

If you would like to talk to someone who knows just how it feels to be caught in the downward spiral of alcoholism, ring the free AA helpline 0800 9177 650. No recriminations, no obligations, just talk, listen and decide for yourself. Alternatively, pop into the Horncastle AA meeting at the Stanhope Hall any Sunday at 7pm. You will be made very welcome, meet some fantastic people (from all walks of life) and it might just turn your life around the way it did mine.

### Emails

If you are sending prescription requests to the Practice by email, please ensure it contains at least two of the following, full name, DOB, address or NHS number, in order for us to identify you.