

# Horncastle Medical Group

## Newsletter

October 2018

Welcome to the Practice Newsletter. The Practice welcomes any articles you may wish to see in print – suggestions for articles may be left with a Receptionist or emailed to: [horncastle.medicalgroup@lpct.nhs.uk](mailto:horncastle.medicalgroup@lpct.nhs.uk)

### **Horncastle Open Access Minor Injuries Service**

Horncastle Medical Group, The Old Vicarage, Spilsby Road, Horncastle LN9 6AL

The Minor Injuries Service, based at Horncastle Medical Group, is here to help with injuries that need attention urgently but are not critical or life threatening – such as:

- sprains, strains, cuts and grazes
- arm, foot and leg injuries
- bites, minor burns and scalds
- minor head injuries
- bruises
- stings
- removal of foreign bodies (excluding from the eyes)

The Minor Injury Service is open to everyone in the area, and is available to all registered patients, local community and visitors to the town, including both children and adults. The service is open from 8.00am until 6.30pm from Monday to Friday. You don't need to make an appointment and you'll be assessed and treated by our nursing staff in a calm, relaxed setting. Many A&E departments will pass you on to the nearest minor injuries unit if your condition isn't serious enough for A&E – so you could save time if you come straight here and perhaps access care closer to home.



### **Drug Waste**

Below are the costs of drug waste to our dispensary over the past three months.

July 2018	£341.47
August 2018	£17.48
September 2018	£177.67

Please only order what medication you need. It is estimated that as much as £300million is wasted every year on unused or partially used medication.

## Urine Samples – New Protocol

The Practice is changing the way we manage urine samples that patients bring to the surgery.

Male Patients: If you are experiencing problems passing urine or think you may have an infection, you need to book a face to face appointment the same day with a GP or Nurse Practitioner.

Female Patients: Urine symptom sheets need to be completed with every sample brought to the surgery

It is important your sample is brought to the surgery before 11:00am if it is to be sent to the lab the same day. If you miss this deadline your sample will be sent the following working day.



## AGE UK Befriending Service

Age UK offers two different types of befriending services:

### **Face-to-face befriending and Telephone befriending**

Befriending provides an older person with a link to the outside world and often acts as a gateway for other services and valuable support. These services are usually free of charge.

Interested? Contact the Befriending Co-ordinator on 01507 524798

## Influenza Vaccinations

Whilst the vast majority of patients who wish to have a flu vaccination have already booked, we still have a large number of those eligible for this important FREE vaccination who have not done so. Please book an appointment with reception today for our clinics in November.

## Blood Appointments

Please note blood test appointments are now available to book online for those patients signed up to online services.

## Christmas and New Year Opening Hours

The Surgery will be closed on:

**TUESDAY 25<sup>TH</sup> DECEMBER 2018 & WEDNESDAY 26<sup>TH</sup> DECEMBER 2018**

The Surgery will re-open as usual on  
Thursday 27<sup>th</sup> December 2018 at 8:00am



The Surgery will also be closed on

**TUESDAY 1st JANUARY 2019**

The surgery re-opens as usual on  
Wednesday 2nd January 2019 at 8:00am