

# Horncastle Medical Group Newsletter

AUGUST 2019

Welcome to the Practice Newsletter. The Practice welcomes any articles you may wish to see in print – suggestions for articles may be left with a Receptionist or emailed to:

[leccg.horncastlemedicalgroup@nhs.net](mailto:leccg.horncastlemedicalgroup@nhs.net)

## Flu Season 2019

You qualify for an NHS flu jab if you are aged 65 or over on 31st March 2020 or if you are:

- pregnant
- living in a residential or nursing home
- morbidly obese with a BMI of 40 and above
- a household contact of an immunocompromised person
- a carer **or you have:**
- a heart problem
- a chest complaint or breathing difficulties, including bronchitis or emphysema
- a kidney disease
- lowered immunity due to disease or treatment (e.g. steroid medication or cancer treatment)
- liver disease
- had a stroke or a transient ischaemic attack (TIA)
- diabetes
- a neurological condition, for example multiple sclerosis (MS) or cerebral palsy
- a problem with your spleen, e.g. sickle cell or have had your spleen removed



**A clinic for over 65 year olds is being held at the Surgery on Saturday 28 September 2019 and a clinic for under 65 years old is being held on Monday 14 October 2019.**

**DON'T DELAY, PLEASE BOOK AN APPOINTMENT AT RECEPTION .**

## August Bank Holiday Opening Times

Please note that the Surgery will not be open on:

**Monday 26 August 2019**



The surgery will re-open on

**Tuesday 27 August 2019,**  
normal opening times

Should you require a GP in an emergency during the time the surgery is closed,

Please dial: 111

## Email

Please be aware the Practice now has a new email address

[leccg.horncastlemedicalgroup@nhs.net](mailto:leccg.horncastlemedicalgroup@nhs.net)

As of 09 August 2019 the Practice will no longer use the email address

[horncastle.medicalgroup@lpct.nhs.uk](mailto:horncastle.medicalgroup@lpct.nhs.uk)

## Find us on Facebook

@horncastlemedicalgroup



## Practice Annual Survey 2019



The Practice's Annual Survey is now under way with a closing date of Tuesday 30 August 2019. Surveys to complete can be found at both the Reception and Dispensary desks and once completed can be placed in the boxes provided.

The survey has been created by the Practice in conjunction with the Patient Reference Group (PRG). The aim of the survey is to gain the views of the Practice population regarding the services we currently provide.

The results of the survey will be discussed by the Practice and the PRG, following which an action plan will be drawn up to address any changes/improvements which can be made. The final report will be available to view on the Practice website and also within the Practice.

## Measles Outbreak

In light of the widespread measles outbreaks in Europe, Public Health England is warning anyone who has not been vaccinated or who has a child who missed a dose of the MMR vaccine to contact their GP Surgery about catching up.

If you are unvaccinated or in doubt about whether you are protected please contact us on 01507 522477.

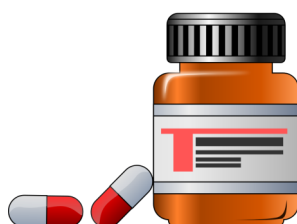


## Drug Wastage

Below are the costs of drug waste to our dispensary over the past three months.

April 2019	£ 205.85
May 2019	£ 16.80
June 2019	£ 346.97

Please only order what medication you need. It is estimated that as much as £300million is wasted every year on unused or partially used medication.



## Announcements

Registrar, Dr S Karwal's last day at the Practice will be Tuesday 06 August 2019.

We will have 2 registrars starting at the Practice on Wednesday 07 August 2019. Dr O Efekodo who was here as an ST1 will be returning as an ST3 and Dr A Awobayo will be joining us as an ST1.